



OCCUPATIONAL HEALTH & SAFETY

SCOPE

This guideline shall apply to all agreements entered into by the Stoney Point Fire Department.

PURPOSE

The purpose of this guideline is to identify the basic guidelines to occupational health and safety for members of Stoney Point Fire Department.

DEFINITIONS

SHALL - Indicates a mandatory requirement.

STANDARD OPERATING GUIDELINES (SOG) - Documents that help establish how an organization will operate and how its members are expected to carry out specific duties outlined in general terms.

The Stoney Point Fire Department will provide a safe and healthy environment for every member and employee, and to abide by the accident prevention regulations set forth by Federal, State and Local Governments. We are sincerely interested in the safety and welfare of our members and believe that accident prevention is essential in maintaining an efficient operation.

It is this organization's requirement that all safety rules be strictly observed at all times, although it is impossible to publish a rule to cover every circumstance. If a safety rule has been omitted or overlooked, it does not excuse carelessness or lack of common sense in the performance of job duties.

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You are urged to cooperate fully. Abuse of, or a disregard for rules is a violation of the SPFD and will be treated accordingly. Your help in preventing accidents benefits not only yourself, but also your fellow members and the public, and we should all strive to make this organization accident free.

GENERAL SAFETY RULES

- A. Whenever you are involved in any accident that results in personal injury or damage to property, no matter how minor, the accident must be reported immediately. First aid treatment must be sought promptly.
- B. Report immediately any condition or practice you believe has the potential to cause injury or damage to personnel or equipment.
- C. Do not operate any equipment that in your opinion is not safe.
- D. All prescribed safety and personal protective equipment must be used when appropriate. All personal protective equipment must be maintained in safe working condition.
- E. Obey all department rules, governmental regulations, signs, markings and instructions. Be particularly familiar with those that apply directly to you.
- F. When involved in any lifting procedures, use the approved lifting technique, i.e., bend your knees, grasp the load firmly, and then raise the load, keeping your back as straight as possible. Obtain help from another member when lifting heavy loads. A generic single person lift load is 50 pounds.
- G. Do not engage in horseplay. Do not distract others from performing their tasks.
- H. Always use the right tools and equipment for the job. Use only those tools with which you are thoroughly familiar and have been trained to use.
- I. Good housekeeping should always be practiced. Return all tools, equipment, materials, etc. to their proper places.
- J. I have been provided with and I will attempt to understand the SPFD Guidelines.

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KEY SAFETY BEHAVIORS

A. The following is a list of key behaviors vital to the safety of Stoney Point personnel. Each should be understood and practiced regularly.

1. Think
2. Drive Defensively
3. Drive Slower Rather Than Faster
4. Intersections: If You Can't See, Stop
5. Always Wear Your Seat Belt
6. Wear Full Gear And SCBA
7. Don't Ever Breathe Smoke
8. Attack With A Sensible Level Of Aggression
9. Always Work Within the Incident Command System - No Freelancing
10. Keep Your Crew Intact
11. Maintain A Communications Link With Command
12. Always Have An Escape Route (Hose Line/Life Line)
13. Never Go Beyond Your Air Supply
14. Use A Big Enough And Long Enough Line
15. Evaluate The Hazard—Know The Risk You Are Taking
16. Follow Standard Fireground Procedures
17. Know And Be Part Of The Plan
18. Vent Early And Vent Often
19. Provide Lights For The Work Area
20. If It's Heavy, Get Help
21. Always Watch Your Fireground Position
22. Look And Listen For Signs Of Collapse
23. Rehab Fatigued Firefighters
24. Pay Attention All The Time
25. Everybody Takes Care of Everybody Else

B. This list is not comprehensive, but it does provide a few key considerations that should be applied to everyone. Above all, USE COMMON SENSE!

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